

## OUR CARE COORDINATORS...

...are experienced and have the education and preparation needed to care for the member! Depending on the member's needs and level of care, you can expect monthly face-to-face meetings and phone calls.



### BENEFITS OF HAVING A CARE COORDINATOR:

- Less stress and less anxiety for our members: we take care of all the paperwork and coordination needed.
- The member will have someone that they can trust with their health.
- We have access to a wide variety of services we can connect our members to.
- We care for our members and will advocate on their behalf!

## EMMA L BOWEN COMMUNITY SERVICE CENTER (ALSO KNOWN AS) UPPER MANHATTAN MENTAL HEALTH CENTER, INC.

...is the largest community based not-for-profit behavioral healthcare organization in Northern Manhattan. More than 150 Health Care Providers deliver Behavioral Health Care Services to over 4,000 children, adults, and families each year. Another 35,000 community residents utilize our food pantry services. Medicaid, Medicare and selected managed care plans are accepted.

### FOR MORE INFORMATION ON CHILDREN'S CARE MANAGEMENT, CONTACT US:

**Mayte Hernandez**  
[mhernandez@bowencsc.org](mailto:mhernandez@bowencsc.org)  
**646-296-8892**

## CHILDREN'S CARE MANAGEMENT



### A DIVISION OF: CARE MANAGEMENT

At Emma L. Bowen Community Service Center  
(Also known as) Upper Manhattan Mental Health  
Center, Inc.



1727 Amsterdam Ave. New York, NY 10031  
(212) 694-9200

# CARE MANAGEMENT

## WHAT IS IT?

Care Management is the coordination of, and expedient access, to a range of appropriate medical and social services for the member and family. The goal is to promote and support the wellbeing of the member and their family unit.

## FOR WHO?

Our services are for: children and youth from the ages of 3 to 20, who reside in Manhattan and/or the Bronx, who have active Medicaid, who have qualifying conditions, and medical and social needs.

## WHAT IS THE COST?

Upper Manhattan Mental Health Center's Children's Care Management program is free! It is also a voluntary program, so members can disenroll at any time for any reason.



## HOW CAN CARE MANAGEMENT HELP ME?

- Mediate communication between providers (doctors, social workers, etc.) and the member.
- Assist with medical and mental health referrals and appointments for the member.
- Provide support by attending medical and other types of appointments with the member.
- Schedule medical transportation appointments for the member.
- Link the member and family to variety of community referrals and resources.
- Help the member obtain and keep public benefits and entitlements.
- Solve medication, pharmacy, insurance, and social services issues.
- Aid during hospital discharge and follow-up appointments. Also during IEP development!
- Advocate on behalf of the member's interests.
- Act as a liaison between all of the member's providers.
- Help the member develop a person-centered care plan to improve their wellbeing.

## WHAT ARE THE QUALIFYING CONDITIONS?

Eligibility depends on meeting medical qualifying conditions: ONE Single Qualifying condition or TWO Chronic Conditions. For both, we request documented medical proof of diagnosis.

### SINGLE QUALIFYING

- Complex Trauma
- HIV/AIDS
- Serious Emotional Disturbance as:
  - Anxiety Disorders
  - Attention Deficit-Hyperactivity Disorders
  - Bipolar and Related Disorders
  - Depressive Disorders
  - Disruptive, Impulse-Control, and Conduct Disorder
  - Dissociative Disorders
  - Elimination Disorders
  - Feeding and Eating Disorders
  - Gender Dysphoria
  - Medication-Induced Movement Disorders
  - Obsessive-Compulsive and Related Disorders
  - Paraphilic Disorders
  - Personality Disorders
  - Schizophrenia Spectrum and Other Psychotic Disorders
  - Sexual Dysfunctions
  - Sleep-Wake Disorders
  - Somatic Symptom and Related Disorders
  - Tic Disorders
  - Trauma- and Stressor-Related Disorders
- Sickle-Cell Anemia

### CHRONIC CONDITIONS

- Asthma
- Autism Spectrum Disorder
- Blindness
- Cardiovascular
- Cerebrovascular
- Cystic Fibrosis
- Cerebral Palsy
- Diabetes
- Developmental disabilities
- Epilepsy
- Hodgkins/Non Lymphoma
- Hypertension
- Obesity
- ...and *many* more, just ask us!